

September/October 2022



With the Exams looming it is important to keep students energy levels, minds focused and help them cope.



















Omega Plex

- Contains Omega 3, 6 & 9 Fatty Acids.
- Research has indicated that, in children, increasing both omega-3 and omega-6 fats may reduce ADHD symptoms.
- A different study showed that women who took omega-6 supplements along with omega-3's had less bone loss from osteoporosis and higher bone densities.
- Omega 6 is known to support brain function.
- Omega 9:

A deficiency in Omega 9 can lead to:

- · Pain in joints, or stiffed joints
- · Eczemá skin eruptions
- · Increased urge for eating fatty foods
- · Fingertips start to peel or crack
- · Dandruff
- · Dry eyes, hair, glands & skin
- · Changes in behaviour and mood swings
- · Growth retardation

Immuno Fix Syrup

- Formulated to enhance the body's immune system.
- Assists in maintaining good health, combating stress and boosting energy levels.
- Addition of L-Glutamine plays a key role in supporting a healthy immune function.
- Key ingredient of Seaweed assists in improving overall good health and performance.
- Also assists in combating post nasal drip, allergies including rhinitis.

Nerve Support

- Nourishes nervous system.
- Assists in reducing high stress levels, depression, worry, apprehension, anxiety, tension and insomnia.
- Formulation includes anti-stress vitamin B-Complex, oats, valerian, ginseng, seaweed, St. John's wort.

Immuno Guard

Ideally used by those who:

- Feel run down and tired.
- Get infections repeatedly.
- Are exposed to chronic distress.
- Live active and stressed lifestyles.

Superior formula includes:

- Range of vitamins & minerals
- Seaweed
- Amino Acid Complex
- Selected immune boosting ingredients including Co-Enzyme Q10, Glutathion and Evening Primrose Oil.

Vitamin C with Rosehip

- Contains both Vitamin C (Ascorbic Acid) and Rosehip.
- Rosehip and Ascorbic Acid contains high levels of anti-oxidants.
- Antioxidants assist in fighting infections and nourishing cells.
- Immune system booster.
- Used to reduce fatigue and stress.
- Used to shorten the amount of time a person is sick.



NOW Available to the Canyon Network!



Cannabidiol

THC free



CEE BE DO Health Supplements...





SUPPLEMENTS TO ASSIST WITH THE RELIEF OF:

- Stress & Anxiety
- Sleeplessness
- Pain and Inflammation
- Approved dose of 20mg/ml







A range of supplements that include CBD (Cannabidiol)

Cannabidiol, commonly known as CBD:

- Is a compound extracted from the Cannabacea family of plants which aids with relaxation;
- Supports the body's endocannabinoid system, a molecular system found in the body which is responsible for regulating and balancing many processes e.g. communication between cells, nerve function, immune response, metabolism, and memory.

Spring into Summer with Aminolia

Aminoliq Liquid Fat Burners & Tonics are a must to boost yourself to an active and fun filled Summer.

Aminoliq products:

- Release fat for Energy
- Act as energy giving tonics
- Maintain fat loss
- Ultimate fat metaboliser
- Lose excess water



Aminoliq products ALL provide B-Complex Vitamins, Inositol and Choline for those wanting energy giving tonic and cut fat.

Aminoliq Xtreme also contains: Green Tea which eliminates excess water HCA & L-Carnitine - supports fat breakdown and reduces fat storage

> Aminoliq Plus also contains: Energy giving caffeine

Aminoliq Original: THE ORIGINAL FAT BLASTER with choline & inositol

> www.prohealth.co.za Available from your local Canyon networker

Canyon Membership Fees

The annual membership fees are due as of 1st September.

Membership Fees are used to:

- · Distribute monthly newsletters
- · Allow for give aways throughout the year
- · Maintain the Canyon website and social media pages

The fees have not been increased for the past 8 years and we will hold the existing fee for a further 12 months.

- · If you joined BEFORE 1 January 2022, you membership is now due.
- · If you joined after 1 January 2022 your membership fee is only due in September 2023.
- · Please check with your local center when you joined.

Networker Fees:

- · Bank Transfers R150
- · Cash Deposits R200 (Bank charges R50 for cash deposits)

Home User Fees:

- · Bank Transfers R60
- · Cash Deposits R110 (Bank charges R50 for cash deposits)

NOTE:

CASH DEPOSITS: If you pay CASH into the following bank account, please add R50 as the bank charges us R50 for Cash Deposits (Over and above the amount you are paying). Rather transfer the funds:

Account Name:

Sport Health & Fitness Technologies Pty LTD

Bank: Standard Bank

Account Number: 372517498

Branch No.: 00605

REFERENCE: In order for us to know who has paid their Fees we need you to PLEASE insert the following when transferring funds:

- Membership Number

Your FULL NAME

Please be so kind as to pay your membership on or before 31st December 2022.

July Monthly Awards



Congratulations to all Achievers!

Monthly Award Winners
July 2022

Top 5 Agents

Nicolette Roos
Eda Palmer
Caiphus Mathebula
Emmylou Rivers
Damyanti Narotam

Top 5 Managers

Elina Masotsa
Raeesa Essack
Janet Webb
Lydia Penberthy
Veni Pillay

Top Senior Network Executives

Bev Dewes Tony Janse

Top 5 National Network Directors

Di Odgers
Cheryl Dudas
Trish Mac Donald
Kendra Saunders
Ann le Roux

Monthly Award Winners July 2022

Top 5 Networkers

Di Odgers
Bev Dewes
Korne Basson
Ann Le Roux
Vanessa Haylock

Top 5 Consultants

Melodie Nolan
Moroesi Thabane
Michelle Burrows
Elsie Theron
Maryla Furtak

Top 5 Executives

Elaine Powell
Yolanda Kotze
Attie Rossouw
Victoria Dlamini
Winnie Williams

Top 5 Network Directors

Vanessa Haylock

Michael Archer

Johan Kruger

Janice Miller





Canyon Randburg

Center Manager: Di Odgers

Center Assistants: Elsie and Sarah

Address: 61 Main Street, Bordeaux Randburg, 2194

Cell Phone: 0836002628

E-Mail: dodgers@canyon.co.za OR etheron@canyon.co.za

Delivery Charges

Local Deliveries will be Free of Charge if orders are over the value of R 750.00 (Incl.) Outlying Area deliveries will be Free of Charge if order are over the value of R 1500.00 (Incl.) Ask you center for details.

For Canyon Product Details log onto: www.canyon.co.za • queries@canyon.co.za

Available whilst stocks last.

For Canyon Product Details log onto: www.canyon.co.za



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Canyon Port Elizabeth

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